

Research shows that students find

**GREATER SUCCESS  
IN SCHOOL IF ...**

- They have the best schedule for their abilities and needs.
- They can identify their interests and abilities.
- They have a plan for school and beyond.
- They can set goals.
- Their parents are involved in the process.

Brown, Duane. (1999) "Improving Academic Achievement: What School Counselors Can Do."  
<http://ericcass.uncg.edu/digest/brown.html>

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## THE BEST SCHEDULE

Career and technical education students who receive effective guidance and advisement services are much more likely to complete a rigorous curriculum of English, science, and math and have higher test scores than those students who have not received such guidance (Southern Region Education Board, 2002).

Students who are enrolled in schools with highly implemented Comprehensive Guidance Programs take more high-level science and math classes and perform better in every area of the ACT Assessment. In Utah, 67.5 percent of students take the ACT (IBRIC) compared to 39.6 percent nationally.

Specific course-taking in preparation for further post-secondary education can best be accomplished through individual SEOP processes to ensure that each student obtains the best possible education.

## STUDENT INTERESTS AND ABILITIES

Through the Comprehensive Guidance Program and the SEOP process, students can gain a greater self-knowledge. They can discover individual interests and abilities through:

- The Guidance Curriculum: structured, in-classroom activities and lessons.
- Career Futures, Utah CHOICES, and

CHOICES Planner: Utah's Career Information Delivery System.

- Assessment of interests and abilities: Guidance Curriculum and Individual Planning activities.
- Interpretation of assessment and achievement data to plan personalized solutions to improve student learning.

## PLAN FOR SCHOOL AND BEYOND

Student Education Occupation Planning is a best practices strategy to get information about career options and educational preparation to students and their parents or guardians.

Programs such as Centennial and 21st Century Scholarships, ATE Skills Certification, and Tech Prep help students begin their post-secondary preparation while still in high school.

School counselors help students and their parents or guardians:

- Make plans for high school and beyond.
- Understand the student's options.
- Access programs and information.
- Monitor the student's progress toward achieving goals.

## SETTING GOALS

The SEOP process helps students through a coordinated sequence of steps that enables them to:

- Explore possibilities.
- Expand opportunities.
- Plan for education and career goals.
- Review progress toward achieving those goals.
- Access personalized solutions to improve learning.
- Make connections between work in school, post-secondary training, and the world of work.

## PARENTS ARE INVOLVED

Students do better when parents are involved in their education. The SEOP process invites more parents into the school on a regular basis to plan and monitor their student's progress toward achieving his or her educational goals.

The SEOP process can help parents understand their student's assessment and achievement data and plan personalized solutions to improve student learning.

Participation in an effective SEOP process helps parents help students on their way to independence and a successful life. There is no way for parents to know all the careers available and the education needed for each career; however, such information can be provided to students and parents through the SEOP process.